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Rate Sheet and Service Description

Rates apply to in-person and virtual therapy

- **Outpatient Therapy for Adults \$150/hour**
Individual therapy to help adults with depression, anxiety, grief, trauma, substance use, and other issues.
- **Outpatient Therapy for Children and Adolescents \$150/hour**
Individual and family therapy to help your child or adolescent cope with challenging situations that trigger strong emotions.
- **Outpatient Therapy for Foster Care and Adoption Community \$150/hour**
Often, these families face unique emotional, developmental and behavioral challenges that stem from pre- and post-adoption experiences. With intervention, they can address and overcome these challenges.
- **Outpatient Therapy in Alternative Setting for Children & Adolescents \$150/hour**
Individual and family therapy to help your child or adolescent cope with challenging situations that trigger strong emotions.
- **Caregiver Support Services \$150/hour**
Help improve family dynamics by working to reduce negative behavior and interactions within the family and to practice new behaviors and ways of communicating that are more encouraging and reassuring. When practiced consistently, new skills and techniques can instill more confidence, reduce anger and aggression, and encourage better individual and interactive behavior.
- **Case Conferencing \$100/hour**
Collaboration provides holistic, coordinated, and integrated services across providers, and reduce duplication within and between agencies/providers.
- **Clinical Supervision \$100/hour**
Individual clinical supervision for residents completing contact hours toward a license in Professional Counseling.